

## Appendix A: Rowing On Risk Assessment

Last up-dated 07/12/09

Hazard	Risk	Control measures in place	Person(s) responsible	Risk factor
<b>River based</b>				
Collision with another racing boat	Injury to rowers; damage to equipment	<p>OUCS-registered coxes only. Coxes to have attended a pre-event Coxing briefing.</p> <p>Circulation pattern available before the event on OURCs website.</p> <p>Circulation pattern outlined at pre-event Marshals briefing, and repeated at briefings on the day.</p> <p>Adherence to OURCs circulation pattern during river closure enforced by marshals with megaphones.</p> <p>Bow balls fitted. Boats checked by marshals.</p> <p>Senior Umpire determines the gaps between crews at the start, adjusting them according to the difference in speed of adjacent crews.</p> <p>Marshals instructed to klaxon a race if the river becomes blocked. All marshals issued with klaxons.</p> <p>A rescue launch available, which can be summoned by radio, which all marshals and race officials carry. It is equipped with British Rowing standard safety bags. Launch drivers RYA Level II qualified.</p> <p>Professional First Aid cover employed with dedicated launch.</p> <p>Emergency vehicle access secured.</p>	<b>OURCs</b> , Captain, Coach, Boatman, Cox	low

Hazard	Risk	Control measures in place	Person(s) responsible	Risk factor
Collision with river traffic	Injury to rowers; damage to equipment	<p>Pre-event contact made with other river users alerting them to the event.</p> <p>EA notices at points of entry onto the course.</p> <p>Senior Umpire to check river is clear using marshals.</p> <p>Head and Spinning marshals briefed to liaise with river traffic entering the course.</p> <p>Marshals briefed to make sure crews stick to the sides of the river, leaving the centre free. Also briefed not to allow crews to spin in front of cruisers. Equipped with megaphones to hail crews.</p> <p>Holding points exist to moor cruisers up at when a race is about to go off.</p> <p>Coxes briefed to observe the circulation pattern and not to spin in front of cruisers.</p> <p>Launch and medical cover as above.</p>	<b>Senior Umpire, OURCs, Captain, Coach, Cox</b>	low
Immersion	Infection, hypothermia, drowning	<p>All competitors passed British Rowing standard swim test.</p> <p>Marshals instructed to klaxon the race if someone goes in the water. All marshals issued with klaxons.</p> <p>Launch and medical cover as above.</p> <p>Blankets available on rescue launches and at boathouses.</p> <p>Rowers educated about river-borne diseases.</p>	<b>OURCs, Captain, Coach</b>	low
Capsize	Becoming trapped in boat	<p>Crew: Heel restraints fitted. Boats checked by marshals.</p> <p>Coxes: Stern-coxed boats only.</p>	<b>Boatman, OURCs</b>	low

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Over-exertion	Hyperventilation, pulled muscles, cramp, back injury.	Rowers should warm up on land before races and warm down and stretch as appropriate. Coaches and captains to take into account medical history when selecting crews. Rowers should not compete if they feel unwell or are injured.	<b>Coach</b> , Captain, Crew	low
High stream and/or high wind	Being swept onto obstacles, including bridges, bank, debris, or weirs. Swamping.	Rowing On will not be run if the river is higher than Blue flag. If Blue flag is flying, only coxes and crews of appropriate experience to be allowed on the water. Weather and stream to be monitored and consultation taken with EA. Cancellation if appropriate.	<b>Senior Umpire, OURCs, Coach</b> , Cox, Captain, Crew	low-high, (depending on combination of conditions)
Lightning	Craft struck by lightning on river. Race officials caught in the open during racing.	Race officials will monitor weather conditions. Distance of storm to be assessed using "30-30" rule as discussed in event plan.	<b>Senior Umpire, OURCs</b>	low
Use of Safety launches	Capsize	Stable launch to be used. Launch drivers to be qualified to RYA level 2 or equivalent.	<b>Captain</b> , Coach	low
	Falling Out	Proper seating to be fitted, and launch not to be overloaded. Kill cords to be fitted and used at all times. Lifejackets to be worn at all times by all crew.	<b>Captain</b> , Boat Owner, Launch Crew	low-med
	Failure of engine due to fouling of propeller.	Crew to clear river of debris as appropriate. Launch to carry British Rowing recommended safety equipment, including a knife and paddle.	<b>Captain</b> , Launch Crew	low
	Mechanical failure	Launch to be serviced regularly.	Boat Owner	low

Hazard	Risk	Control measures in place	Person(s) responsible	Risk factor
<b>Land based</b>				
Collision involving accompanying cyclists	Injury to cyclists and pedestrians, possibly immersion.	<p>Notices posted at entry points onto the towpath that a regatta is in progress.</p> <p>Marshals to wear high visibility yellow bibs and warn pedestrians of oncoming races.</p> <p>Marshals briefed to warn Race Desk if there is a large density of members of the public on the towpath in their area.</p> <p>Marshals briefed to report dangerous behaviour on the part of following cyclists.</p> <p>Cyclists limited to one per crew. Extra cyclists will incur fines.</p> <p>Bike Marshal to precede each division, warning members of the public that cyclists are approaching.</p> <p>First aid presence as above.</p> <p>Race Committee briefed on emergency procedures.</p>	<b>OURCs</b> , Coach	med
Collision between boats or blades and spectator	Injury to bystanders, immersion.	<p>Captains aware of responsibilities for any supporters and spectators.</p> <p>Marshals available at boathouses with radios.</p> <p>First aid presence as above.</p> <p>Race Committee briefed on emergency procedures.</p>	<b>Captain</b> , Crew	low