

# Leonard Martin - OURCs Rowing Sabbatical Officer

Proposed: Sarah Berman (OURCs), Seconded: Charlie Thorogood (OURCs)

## Experience:

- 2 years on OURCs Committee as an Ordinary Member (04-06).
- Christ Church Regatta Captain (05).
- Christ Church BC Men's Captain (03-04).
- Webmaster Christ Church BC (03-06).
- Six years competitive rowing experience with Christ Church and Bradford ARC.
- Taken part in 20+ bumps races, all in senior divisions.
- Coached for Christ Church, Somerville, Hertford and Templeton at all levels from Women's Novice B to 1<sup>st</sup> VIII.
- Coached for Bradford ARC on Project Oarsome scheme.
- 3 years work experience for small IT company.

## Qualifications:

- ARA Instructor's Award (now Level 2), taken in November 2001.

## Commitments:

- To provide extensive support and guidance to new captains and BC committees, including compiling a "New Captains' Handbook".
- To personally organise and assess centralised swim tests and capsizing drills for all OURCs members.
- To set up and maintain an online OURCs contacts directory containing useful contact details for BC Committees.
- To organise Level 2 Coaching Award courses in Oxford for those wishing to further their coaching careers.
- To take Level 2 Coaching Instructor's course to allow me to personally instruct and assess coaching courses.
- To continue the development of the OURCs website in particular offering online incident reporting.
- To continue to offer centralised ARA Safety Audits.
- Fully support the OURCs committee in the organisation of events. Also offer support to those organising other Regattas and events on the Isis (e.g. Oriel Regatta, Nephthys Dash).

## Summary:

Being elected OURCs Sabbatical Officer would allow me to utilise the wealth of knowledge and experience I have gained over my time involved in the sport of rowing to help develop college rowing in Oxford.

In addition to organising safe and successful events within Oxford I believe I can provide an invaluable service to the captains and committees of college clubs to allow them to continue to provide the best possible opportunities to all of their members to participate in the sport in a safe, enjoyable and well organised way.

